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http://rc10.ny.aft.org

TO UPDATE YOUR PERSONAL CONTACT INFORMATION, CALL NYSUT MEMBER RECORDS (518) 213-6000

From Your President:

This is my first opportunity to address the RC 10 membership at large via our newsletter since becoming your 1st Vice-President close to 16 years ago. The opportunity has arisen because David Golden, RC 10 President, is in Florida and has taken ill.

Since this may be the first newsletter 2018 retirees are receiving, welcome to retirement. Now that you have had a few months adjusting to a totally different schedule, you may be ready for new adventures. I am going to attempt to keep my comments brief on the topic of Volunteerism, which is the backbone of our organization. The following is an excellent working definition of the word:



Jim Stolis

Volunteerism—the policy or practice of volunteering one's time or talents for charitable, educational, or other worthwhile activities, especially in one's community or organization.

"I do not believe that RC 10 could exist without the volunteers who give so much to our organization."

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I do not believe that RC 10 could exist without the volunteers who give so much to our organization. It is their sacrifice and hard work that have helped to serve RC 10 and allow it to grow to where it is today. But as in any organization, the leadership within the officers and Board of Directors are always looking for new people to step forward and pick up the mantel to continue the work and purpose of RC 10. We can only look at the pool of retired teachers residing within the boundaries of Albany, Rensselaer, Saratoga and Washington counties which is a total of 9,000+ individuals.

With that in mind, would you consider representing your retiree group from the district you taught and retired from, as their Ambassador and become a member of our Board of Directors? There are committees within RC 10 that are always looking for help in the work they do. Fresh faces bring fresh ideas; that is a truism!

At this time there is a great need for a person to be the Membership Chair, keeping our membership records up to date, and working closely with the Treasurer and Secretary. The individual who has steered this Chair position has done a wonderful job but now feels it is time to give someone else the opportunity to serve. I truly hope that someone reading this will decide to Volunteer and to take on this role. If you are interested, you may contact me at jimnfros@aol.com. I would be glad to answer any and all of your questions.

Jim Stolis, 1st Vice-President

SCAM ALERT!

The Social Security Administration has advised that phone calls to households have falsely represented the SSA. The message threatens arrest or legal action if the receiver of the call fails to call a provided phone number or press a number that is indicated in the message. Callers might also offer "assistance" activating a suspended social security number.

The SSA advises that the public not engage with these callers. Report any suspicious calls to the SSA at 1-800-269-0271, or submit a report on the OIG website at https://oig.hhs.gov/fraud/index.asp. Please share this information with others who are receiving social security. Seniors are often the target of phone scams that cost them an estimated total of \$36 billion a year. For more information on other phone scams and what you can do to protect yourself, see our website for an article on phone scams at http://rc10.ny.aft.org/news/beware-phone-scams-target-seniors.

NYSUT RETIREE SERVICES CONSULTANT RC 9/10

Jeanette Stapley (518) 532-9223 (jstapley@nycap.rr.com)

SAVE THESE DATES-TRAVEL AND SOCIAL CALENDAR!!!!!



TUESDAY, APRIL 30, 2019, THE CLOISTERS & METROPOLITAN MUSEUM OF ART, NYC! For more information on this trip, see page 3 of this newsletter.

WEDNESDAY, MAY 15, 2019, RC 10 NORTHERN HUDSON RIVER LOCK TOUR/100 YEARS OF THE ERIE CANAL. The Northern Hudson River Lock Tour/100 Years of the Erie Canal will

meet at the parking lot of the Dutch Apple Tours located at 141 Broadway, Albany, NY, at 11. Parking is free. The tour will begin at 11:30 and will go from Albany through the Federal Lock in North Troy. On the way, the boat will go through the CSX Railroad Bridge and pass the original terminus of the Erie Canal as well as historic Troy (home of the Industrial Revolution in America). A box lunch will be served on the boat. The boat returns to Albany at 2. Price including the tour, lunch with soda, and the tip is \$40 for those members who have paid the annual sustaining membership fee. Price is \$43 for guests and members who have not paid the annual sustaining membership fee. Please complete the reservation form and send it with a non-refundable check payable to NYSUT Retiree Council 10 to Nancy Carpenter, 12 Benedict Street, Castleton, NY 12033 by May 1. Contact: 518-732-2984 or carpenterna07@gmail.com.

MAY 30 TO JUNE 11, 2019, SLOVENIA & CROATIA: HIDDEN COVES AND ANCIENT TREASURES BY SEA.

Undiscovered gems—beautiful and historic beyond imagination. Set sail by small ship (the MY Casanova is a 126-foot yacht first launched in 2016) through the crystal water of the Northern Adriatic Sea to medieval villages, hidden coves and the picturesque coastlines of Croatia and three nights in post card perfect Slovenia. The entire ship is reserved exclusively for 30 RC 10 members. Learn how communities of the Northern Adriatic have been linked through history as you explore ancient white-stone streets constructed by the Romans and marvel at towering mountains, picture-perfect lakes and striking Venetian Gothic architecture. Understand the influence of the past as you discover ruins of ancient villages with experts and walk among the splendor of historic national parks. For additional information, contact Karen Maher, kmaher2@nycap.rr.com 518-477-6746 (home), 518-588-4083 (cell).

WEDNESDAY, JUNE 5, 2019, ANNUAL SPRING MEETING. The 2019 Spring Meeting will be at the Shaker Ridge Country Club (802 Albany Shaker Road in Colonie, near the Albany County Airport). Please note that the luncheon has been changed to a 5 pm dinner which will be preceded by a business meeting at 4:30 pm. The highlights of this event will be the celebration of the RC 10 scholarship winners, the RC 10 honorees, and the 2018 retirees. Complete information will be in the next newsletter.

WEDNESDAY, JUNE 26, MOHONK HOUSE, NEW PALTZ. Since 1869 this sprawling Victorian castle overlooks a pristine glacial lake offering farm-to-table meals and customized plates to your liking in this unique 1,200 acre mountaintop setting. Designated a National Historic Landmark in 1963 for both the Mountain House and its surrounding grounds, Mohonk's charming ambience and sense of history invite guests to step back in time. Enjoy lunch in a new style of dining with Chef's Action Stations, highlighting fresh ingredients from the Hudson Valley with traditional Mohonk favorites. The **cost** will be \$120 for members who have paid the annual sustaining membership fee. Price is \$125 for guests and all those who have not paid the annual sustaining membership fee. This price includes a lunch experience with complimentary tea or lemonade and cookies plus a Mohonk souvenir to take home for your unforgettable day memories before departure. A 15% discount coupon is also offered to be used at the Gift Shop or Greenhouse Garden Shop. Some of the complimentary activities offered are 85 miles of hiking, an 18 Hole Disc Golf Course, award winning gardens and maze, barn museum, basketball, croquet, greenhouse, lawn bowling, playground, rock scrambles, shuffleboard and volleyball. Bus pickups will be in Wilton and Latham. Contact Grace Cramer at gracecramer59@yahoo.com.

SEPTEMBER 7 TO 19, 2019, ICELAND. This trip is filled.

SEPTEMBER 8 TO 20, 2019, ICELAND. SPECIAL NOTE: Our first travel date filled so quickly and has been so popular with RC 10 members that we have added this additional travel date. Has Iceland been on your bucket list? Reserve a space now on this exciting and fascinating trip. The travel company offers a discount plan so the earlier you sign up the better! This is small group adventure (moderate activity level program) offered exclusively for RC 10. After exploring Reyjavik, we'll head north to the Snaefellsness Peninsula–the entry point of Jules Verne's Journey to the Center of the Earth, visit the home of Leif Ericson, stay at a lodge on an Icelandic horse farm, and visit the northern fjords near the Arctic Circle. We'll visit the Black Castle lava formation and explore Godfoss Waterfall and Lake Myvatn. Then on to the northern town of Dalvik to whale watch in the Arctic Sea, surprisingly good in September! Then we fly back to Reykejavik (maximizing our travel time) and head south to Explore the Golden Circle. We'll visit the iconic Seljalandsfoss Waterfall, go off roading on a Super Truck tour through black sandy landscapes and ATVing in volcanic landscapes. We'll see geothermal power first hand and then, of course, relax at the thermal waters of the Blue Lagoon. For more information, contact Maureen Woerner, 518-374-8277 or reeniewoerner@gmail.com.

WEDNESDAY, OCTOBER 9, 2019, BOSTON: EDWARD M. KENNEDY (EMK) INSTITUTE AND JFK LIBRARY AND MUSEUM TOURS WITH VISIT TO EATALY AND SHOPS AT THE PRUDENTIAL CENTER (PRU). Participate in live action on the Senate floor during the EMK Institute's simulated Senate Chamber Programs. Then walk next door to the JFK Library for a self-guided multimedia tour about JFK's life and presidency. The final stop will be the Prudential Center where you can choose to browse in the upscale shops, including Eataly; visit the Observation Deck to get a 360-degree view of Boston; or visit the area around the "Pru." These websites will give you more information about each of our stops: <u>eataly.com</u>, <u>prudentialcenter.com</u>, <u>jfklibrary.org</u>, and <u>emkinstitute.org</u>. Bus pick up: 6 am at Saratoga Wilton Mall and 6:30 am at Crossgates Mall. Cost includes bus trip (including tip) and admissions to EMK Institute and JFK Library and Museum: \$95 for members who have paid the annual sustaining membership fee; \$100 for guests and for members who have not paid the sustaining membership fee. Description and registration form available at: <u>rc10.ny.aft.org</u> or contact by email: <u>boston10919@gmail.com</u>, or phone Pat Bligh 518-674-5768. Leave clear name and phone number. Deadline for registration is September 3, 2019. Make checks payable to NYSUT Retiree Council 10 and mail with registration form to D. Z. Ariemma, 10 Harvard Road, Watervliet, NY 12189.

OCTOBER 28 TO NOVEMBER 12, 2019, SWITZERLAND & THE HEART OF THE RHINE & MOSELLE RIVER CRUISE. This trip is filled.

When registering for a trip, please remember that a member of RC 10 is anyone who has retired from a NYSUT local that is located in Albany, Saratoga, Rensselaer, or Washington counties or is a Social Member who has retired from a NYSUT local in some other part of the state and has paid member fees to his/her Council and a social membership fee to RC 10. Anyone who did not retire as an in-service member of a NYSUT local is not eligible for sustaining or social membership and must pay the guest registration fee. A sustaining member has paid the annual sustaining membership fee for the fiscal year that is from July 1 to June 30.

Go to our website at http:rc10.ny.aft.org for more information on any of these trips and to download registration forms. If you are unable to visit the website, a generic form is included on page 4 of this newsletter.

WELCOME TO RETIREMENT

Congratulations to the new Retiree Council 10 members who retired in 2018. Since you now have "free time," RC 10 offers many opportunities for you. As Jim Stolis mentioned in his column, there are volunteer options with the Council. If you are interested in social justice, lobbying for education at the State Legislature, or representing retired teachers from your district, contact Laraine Gillette, Secretary to RC 10, at <u>rc10secretary@hotmail.com</u> to receive more information. Are you interested in visiting museums in Boston and New York sailing on the Hudson River to tour the Albany/Troy are



in visiting museums in Boston and New York, sailing on the Hudson River to tour the Albany/Troy area, or visiting Mohonk? Please check the Travel/Social section of this newsletter.

If you have not sent your e-mail address to RC 10, please do so by e-mailing <u>nysutrc10@gmail.com</u>. Digital copies of newsletters, as well as first notices of travel/social information, will be emailed as soon as they are available. You can also find up-to-date information on the RC 10 website at <u>http://rc10.ny.aft.org/.</u>

If you pay the sustaining membership fee for 2018-2019 and attend the annual spring meeting in June, 2018 retirees will receive complimentary sustaining membership for 2019-2020. Check the next issue of of this newsletter for more information about the annual spring meeting.

SCHOLARSHIP 2019



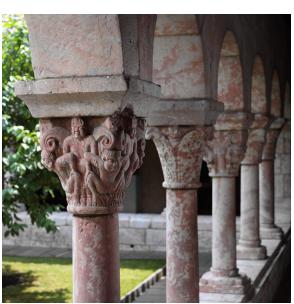
What could be more important to an organization of retired educators than to encourage young people to enter our chosen profession? RC 10 has always thought this was an important effort to make. RC 10 is offering a \$1,000 scholarship to one graduating senior from a public high school, who plans to become a teacher, in each of the four counties represented by RC 10: Albany, Rensselaer, Saratoga, and Washington. Applicants must complete an application that is then reviewed by a committee of RC 10 members. Among aspects considered are GPA/class rank, course rigor, and extra curricular activities both

inside and outside of school. Students must also complete two essays and include two recommendations.

The last few years have seen a decline in the number of applications received for the committee to review. Please encourage any graduating senior you know to check with their Guidance Department for a copy of the application. The forms are mailed to the schools around the beginning of February.

We are also always open to new members for the Scholarship Committee. This year we'll meet for one day in late March to review all the applications so it is a very limited time commitment. Please contact Jeanne Bush at <u>jeannebsh50@gmail.com</u> if you are interested in joining the Scholarship Committee.

Scholarships are awarded at the annual RC 10 Spring Event to be held this year on June 5 at Shaker Ridge Country Club. We have changed the time of this year's event from the usual 11:30 luncheon to a 4:30 dinner. This was done in the hope that, by changing the time, more scholarship winners will be able to attend.



DAY TRIP TO CLOISTERS AND METROPOLITAN MUSEUM OF ART NYS TUESDAY, APRIL 30, 2019

The Cloisters Museum is comprised of five Medieval cloisters imported from France and filled with art and artifacts which include The Unicorn Tapestries. An hour tour of the museum is included. Next stop will be the <u>Metropolitan Museum of Art</u> where you are on your own to explore the largest art museum in the U.S. that includes over 2 million works! Lunch: there are <u>several cafeterias and a dining room</u> within the Met, or choose to explore the many food carts in the adjoining Central Park, or venture farther to the many restaurants in NYC. Don't miss viewing <u>Cleopatra's Needle</u>, the Obelisk which was built in 1450 BC and stands in back of the Met!

Cost for everything including tips will be \$82 for all members who have paid the annual sustaining membership fee. Price is \$87 for guests and all those who have not paid the annual sustaining membership fee.

Bus will pick up: 6 AM at Saratoga Wilton Mall at the North end by

Dick's at Pole C2 and **6:30 AM at Crossgates Mall**, the outer parking lot across from Penney's—sign that says Brown/Upstate.

Returning Home: Meet outside the Met at 5 PM!! Bus will leave NYC at 5:15 PM.

Make checks payable to **NYSUT Retiree Council 10** and mail to Barbara Zuccaro, 56 Helen Drive, Queensbury, NY 12804. Make sure to list your place of pick-up, cell phone number, email address and emergency contact number!! Description and registration form: <u>rc10.ny.aft.org</u> or contact Barbara at <u>bzuccaro@roadrunner.com</u> or call 518-792-6799.

SOCIAL JUSTICE COMMITTEE NEWS



As part of RC 10's ongoing commitment to Social Justice, our Council has been participating in the Regional Food Bank's BackPack Program. This Program is designed to meet the needs of hungry children on weekends when other food resources are not available. The program provides bags filled with foods that are child-friendly, shelf-stable, and easily-consumed. Bags are packed each week by school staff and discreetly distributed to participating children every Friday afternoon. The bags are then returned on Monday to be refilled for the next weekend.

In the four counties that RC 10 represents, the following school districts currently have a Regional Food Bank BackPack Program: Albany, Argyle, Averill Park, Ballston Spa, Berne-Knox-Westerlo, Brunswick-Brittonkill, Burnt Hills-Ballston Lake, Capital Region BOCES, Cohoes, Corinth, Fort Edward, Greenwich, Guilderland, Hartford, Green Island (Heatly), Hoosick Falls, Hudson Falls, Lansingburgh, Mechanicville, North Colonie, Ravena-Coeymans-Selkirk, Rensselaer, Schodack, Shenendehowa, South Glens Falls, Stillwater, Troy, Voorheesville, Watervliet and Whitehall. It costs the Regional Food Bank \$183 to support a child for the entire year. There are never enough funds to provide for all the applicants so we are asking for the assistance of RC 10 members to contribute to this very worthy cause. No contribution is too small since our combined efforts will help to sustain the program.

If you would like to contribute, make checks payable to The Regional Food Bank and write RC 10 BackPack Program/Name of School you would like to support in the memo section of your check. For example: RC 10 BackPack Program/North Colonie. If you do not care which school gets the funds, simply write RC 10 BackPack Program. Donations are tax-deductible and all donors will receive a donor acknowledgement letter. Please mail your check to Barbara McCarthy, 5 Ascot Circle, Apartment 9, Saratoga Springs, NY 12866. If you have any questions, please contact Barbara McCarthy at irishiz9@aol.com/518-682-2814. Thank you for your anticipated generosity. *Since September, RC 10 members have contributed \$2,714 to this program.*

**** RC 10 ON LINE http://rc10.ny.aft.org



TRAVEL/SOCIAL GENERIC REGISTRATION FORM

Use this form if you are unable to access the event-specific registration forms at

http:rc10.ny.aft.org.

(If you are signing up for more than one activity, or will be taking a guest, please copy this form and fill in the appropriate information.)

Name	Home Phone	Cell Phone* *Take phone to event
Email Check One: For 2018-19: () RC10 Mer () Guest or M	Registering for: Event & Da mber who has paid the annual sustaining me Member who has not paid the annual sustain	embership fee
	Event Selections:	
For Luncheons/Meals, Entrée of Choice	For Trips,	Pick Up Location
Other notes (Keep it Simple):		
Total Enclosed \$		