



## How To Register:

Participants must first pre-register with **New York State United Teachers Retiree Council 10**. Pricing includes \$50 registration fee for members having paid RC10 sustaining membership fee. Guests and members not having paid the sustaining membership fee, add \$50. To pre-register, contact **Karen Maher** by phone at (518) 477-6746 or via email at [kmaher2@nycap.rr.com](mailto:kmaher2@nycap.rr.com).

To enroll in this adventure, please call Road Scholar toll free at **(800) 322-5315** and reference **Program #15893, "Belo Portugal: Wine, History and Landscapes Along the Douro River,"** starting **Sept. 2, 2017** and say that you are a member of New York State United Teachers Retiree Council 10.

## Program Price:

- **Category 1:** DBL \$3,695  
*Upper-deck cabin with 2 twin beds convertible to 1 double bed; 129 sq. ft.*
- **Category 2:** DBL \$3,595 | SGL \$4,195  
*Middle-deck cabin with 2 twin beds convertible to 1 double bed; 129 sq. ft. Roommate matching available in this category.*
- **Category 3:** DBL \$3,395  
*Main Deck Cabin with 2 twin beds convertible to 1 double bed; 129 sq. ft.*

## Payment/Cancellation Schedule:

Should you need to cancel from this program, please refer to the chart below for schedule and refund information.

Payment Schedule	
Deposit Payment (due upon enrollment)	\$500
Final payment due	May 25, 2017
Cancellation Policy	
Fee per person	
Cancel up to 120 Days Prior to Program Start Date ( <i>applies from date of enrollment until May 6, 2017</i> )	\$250
Cancel 119-100 Days Prior to Program Start Date ( <i>applies after May 6, 2017</i> )	\$500
Cancel 99-30 Days Prior to Program Start Date ( <i>applies after May 26, 2017</i> )	50% of order total
Cancel Less Than 30 Days Prior to Program Start Date ( <i>applies after August 4, 2017</i> )	100% of order total

*Road Scholar recommends that you purchase optional Trip Cancellation, Interruption & Travel Delay Insurance to protect your investment. You will receive a detailed brochure about this insurance policy when you enroll in a program.*



## ROAD SCHOLAR®

This Portugal experience is offered through Road Scholar, formerly known as Elderhostel, a not-for-profit organization founded in 1975 to provide lifelong-learning opportunities for baby boomers and beyond. Its mission is to inspire adults to learn, discover and travel. Its learning adventures engage expert instructors, provide extraordinary access, and stimulate discourse and friendship among people for whom learning is the journey of a lifetime. As a leader in educational programs, Road Scholar offers 5,500 educational adventures in all 50 states and 150 countries.

# Belo Portugal: Wine, History and Landscapes Along the Douro River

An Exclusive Learning Adventure for  
New York State United Teachers Retiree Council 10

SEPT. 2-14, 2017



Porto, Portugal  
PROGRAM #15893

## ROAD SCHOLAR®





# Experience Portugal

## At a Glance:

Widely considered Europe's most beautiful river, the Douro meanders through almond groves and gets you up close to the unspoiled charm of the Portuguese and Spanish cities. From national parks to port wine vineyards and into villages with Roman, Arabic and Christian roots, explore this region's Baroque and Gothic history, folkloric culture and natural splendor.

## Best of all, you'll ...

- Learn the secrets of winegrowing in the renowned Douro Valley.
- Discover Portugal's glorious past as a superpower of the sea at Lisbon's National Maritime Museum.
- Learn about the architectural treasures of Salamanca, a UNESCO World Heritage Site.

## Lodging:

### Grande Hotel do Porto

1 night Porto

A charming hotel that maintains a dramatic, 19th-century charm that has been recently modernized. The hotel is within walking distance of shops, services, theatres and monuments.

### MS *Infante don Henrique*

7 nights Douro River

The MS *Infante don Henrique* sails on the Douro. All cabins are located above water level and offer panoramic views of the scenery.

### Hotel Mundial

3 nights Lisbon

Located in the heart of the city in the Baixa Pombalina district, with the historic St. George's castle in the background and Rossio Square just a few steps away.

### ACTIVITY LEVEL: ACTIVE

*Walking up to one mile at a time on unpaved lanes and standing for at least one hour. Some stairs without railings.*

### What's Included:

- 11 nights of accommodations
- Group travel and transfers throughout the program
- A Group Leader to accompany you throughout the program to handle all logistics
- Modest gratuities, taxes and destination fees
- The Road Scholar Emergency and Travel Assistance Plan, including 24-hour assistance for medical and other emergencies



## Daily Itinerary:

**DAY 1** Saturday, Sept. 2  
Overnight Flight from U.S. to Porto

Overnight flight to Porto, Portugal.

**DAY 2** Sunday, Sept. 3  
Arrival, Orientation, Welcome Dinner

Check in to your hotel in Porto and freshen up before a program Orientation and briefing. Enjoy a Welcome Dinner before an evening at leisure.

**DAY 3** Monday, Sept. 4  
Porto, Embarkation

After breakfast at the hotel, hear a lecture about Portugal and the Douro Valley from a local historian. Explore Porto much of the day on an expert-led field trip before boarding the MS *Infante don Henrique* late afternoon. After dinner, your evening is at leisure.

**DAY 4** Day 4: Tuesday, Sept. 5  
Guimarães, Porto Barroco

After breakfast on the ship, a local expert leads an exploration of the town of Guimarães, tracing its evolution from medieval settlement into a modern town. After lunch on board, discover the dramatic, baroque-style architecture of Porto. The word baroque derives from the ancient Portuguese noun "barroco," which is a pearl that is not round but of unpredictable and elaborate shape. Dinner on the ship is followed by free time.

**DAY 5** Wednesday, Sept. 6  
Free Time, Sail Upstream, Wines of the Douro

After overnighting in Porto, enjoy breakfast on board and spend the morning discovering Porto at your own pace. Lunch on board precedes an afternoon lecture on the ship entitled, "History of the Vineyards of the Douro: The Great Porto Wines." Dinner is on the ship and the evening is free.



**DAY 6** Thursday, Sept. 7  
Vila Real, Sail Upstream, Lecture

After overnighting in Do-Peso de Regua, have breakfast on board before exploring the town of Vila Real, famed for its religious architectural styles. Lunch is on board before an afternoon lecture on the ship, "Contemporary History of Portugal." Dinner is on the ship and the evening is at leisure as you sail across the border into Spain.

**DAY 7** Friday, Sept. 8  
Salamanca, Spain

After overnighting in Do-Vega de Teron, eat breakfast on the ship before disembarking in Salamanca for a morning of individual exploration. Enjoy lunch at local restaurant before an expert leads an exploration of the UNESCO World Heritage Site of Salamanca, which abounds with Roman, Arabic and Christian architectural treasures. Dinner is on the ship and the evening is at leisure.

**DAY 8** Saturday, Sept. 9  
Lecture, Sail Downstream, Wine Discovery

Overnight in Do-Barca D'Alva, then enjoy breakfast on board before a morning lecture, "Social Development in Portugal." Enjoy lunch on the ship and then spend the afternoon at a local winery for a behind-the-scenes look at the production of regional wines. Dinner on the ship is followed by an evening at leisure.

**DAY 9** Sunday, Sept. 10  
Lamego / Sail Downstream / Lecture

After an overnight in Do-Pinhoa, eat breakfast on board before a morning lecture, "Discovering Lamego, the Shrine of Nossa Senhora and its National Art Museum." Lunch on board is followed by an opportunity to pack and relax. Eat dinner on board and enjoy an evening of leisure.



**DAY 10** Monday, Sept. 11  
Transfer to Lisbon, Coimbra, Lisbon

After overnighting in Porto, enjoy a last breakfast on board before disembarking and coaching to Lisbon — with a stop in Coimbra, known as the City of Students. Enjoy a university exploration with an expert. After lunch at a local restaurant, a walking discovering focuses on the history and folklore of Coimbra. After your field trip, coach to Lisbon and check in to your hotel before dinner there and an evening at leisure.

**DAY 11** Tuesday, Sept. 12  
Lisbon, Free Time

Following breakfast at the hotel, experience the National Maritime Museum with your study leader, who will explain Portugal's glorious past as a superpower of the sea. Later, visit the Royal Coach museum and learn about the wealth and the riches of the royal family. After lunch on your own, discover three monuments that bear witness to Portugal's past glories. After a traditional Fado Dinner, experience a night coach exploration of Lisbon.

**DAY 12** Wednesday, Sept. 13  
Sintra Vila Velha, Lisbon

After breakfast at the hotel, enjoy a field trip to Sintra Vila Velha, named a UNESCO World Heritage Site for its 19th-century Romantic architecture. Then explore the Palácio Nacional de Sintra and learn why Lord Byron raved about the city's beauty. After lunch at a local restaurant, enjoy an afternoon on your own exploring Lisbon. Before dinner on your own, meet some locals before a program wrap-up. The evening is at leisure.

**DAY 13** Thursday, Sept. 14  
Program concludes

Enjoy breakfast at the hotel if your departure flight time allows. This concludes the program.

