



RETIREE COUNCIL 10 SKYLINE NEWS

**NYSUT RETIREE COUNCIL 10: SERVING OVER 11,000 NYSUT
MEMBERS WHO WERE EMPLOYED IN
ALBANY, RENSSELAER, SARATOGA, AND WASHINGTON COUNTIES**
TEACHER AND SRP SOLIDARITY

Retiree Council 10 Annual Fall Meeting: September 24, 2025 NYSUT Headquarters 800 Troy-Schenectady Rd. Latham, NY

- 8:45-9:00** Registration. We will convene in the auditorium.
- 9:00-9:45** Annual meeting and presentation by the travel committee of upcoming events and trips.
- 9:45-10:30** **Political Update: Peter Savage, Deputy Director of Legislation at NYSUT and Peter Kim, Regional Political Organizer with NYSUT**, will give us timely legislative updates.
- 10:30-10:55** Break: Coffee, tea, soft drinks and assorted fresh baked pastries and bagels**
- 11:00-12:00** **Marcus Harazin, Coordinator of Patient Advocate Programs with New York Statewide Senior Action Council**, will present information about how to use the Federal and State Rating Systems to make the best Nursing Home choices. He will also highlight the rights of families and those that reside in a nursing home. When you are making choices for a loved one, it's important to make an informed decision.
- 12:00-12:50** Dinner Buffet- Chicken Piccata, Garlic Steak Tips, Classic Greek Salad, Rosemary Roasted Red Potatoes, Roasted Mixed Vegetables, Cheesecake, Pastries and Coffee, Tea, and Soft Drinks **
- 1:00- 2:00** The Alarming History of Pharmacy with Lee Anna Obos, R.Ph. This presentation will explore the most unusual medications and formulations used as treatments for a variety of ailments from the eighteenth century to the present day, including *mercury, arsenic, antimony, and laudanum (opium)*. Lee Anna Obos is a Registered Pharmacist and Instructor at the Albany College of Pharmacy, where she frequently opened her lessons with a bit of history. We are fortunate to have her share some of those stories with us. A fascinating presentation not to be missed!
- 2:00-2:15** Door prizes and collection of evaluations.

Cost: \$20 per person. This event is being subsidized by RC 10, to encourage attendance and make it affordable for all.



Register at <https://forms.gle/wXt35JVjGU6jlyS76> or use QR code.

You can pay with a check by sending to address below with form.

**If you have any food allergies or food restrictions, please identify them when you make your reservation.

-----mail in form-----Name

-----email address-----

School District from which you retired _____ Food

Allergies, restrictions _____

Phone Number in Case We Need to Reach Out to You _____

Guest _____ RC 10 Retiree? _____

Total enclosed _____ (\$20 pp)

Mailed registrations must be **received by September 16** or **register online by September 19**. If you have **food allergies**, notify us **by September 16**. Send the above registration to RC10 secretary: **Colleen Condolura, 623 Michelle Way, Schenectady, NY 12304**

or register using the following QR Code:

Questions? rc10communications@gmail.com

RETIREE COUNCIL 10 OFFICERS nysutrc10@gmail.com *Join our private Facebook group! NYSUT Retiree Council 10*

President Barbara McCarthy **1st Vice-President** Cliff Brosnan

2nd Vice-President Sandie Carner-Shafran

Secretary Colleen Condolora rc10secretary@gmail.com

Treasurer Mary Revere-Kruchinski Rc10payment@gmail.com

AFT Delegate Bonita Maxon **NYSUT Delegates** Mary Revere Kruchinski, Bonita Maxon, Barbara McCarthy **Alternates** Clifford Brosnan, Sandie Carner-Shafran, Colleen Condolora

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Greetings to all and a special welcome to our new 2025 retirees. We all retire for different reasons, but it is how we spend this newfound time that will define our future path. We hope you will consider becoming active in Retiree Council 10, which represents all NYSUT members who retired from employment in Albany, Rensselaer, Saratoga, and Washington Counties. Currently RC 10 membership numbers more than 11,000 retirees!

Aside from advocating for legislation that benefits all NYSUT members, both active and retired, RC 10 members volunteer regularly at the Regional Foodbank and the Ronald McDonald House. We also participate in several one-day events, including Making Strides for Breast Cancer, Wreaths Across America, and for the first time this year, First Book. We sponsor four scholarships to be given to students living in the four counties we represent who are going into the field of education. At the spring annual meeting, we honor those students and four retirees who have made significant contributions to their communities **since retiring**. Last year, we implemented a New Teacher award for one educator in each of our four counties. We are always looking for new ideas and the accompanying leadership to involve more of our members in volunteer opportunities.

The Board meets monthly on the third Tuesday at NYSUT HQ in Latham—in January and February on Zoom. All RC 10 retirees are welcome to attend. Contact rc10communications@gmail.com if you would like to find out how to become involved.

Finally, in this time of funding uncertainty, it is extremely important that we support not-for-profit organizations. Food banks, museums, Public Television and homeless shelters are just a few of the organizations that depend upon public funding. Much of that funding, some of which was promised, is no longer being distributed. That means those organizations must come up with the budget shortfall or cut programs and/or support staff. We can help by financially supporting our favorite organizations and even volunteering our services. Volunteering is often a window into how these organizations connect with segments of the population that we may not have access to but about which we hear a lot of media noise. Involvement gives us a different perspective.

I hope to see many of you at the fall conference (information included in this mailing) or at one of the other future events we will be sponsoring. Until then, best wishes to all for a wonderful summer.

Barbara

In the last **printed** newsletter, my president's message concluded on the second page. Unfortunately, what was printed on that page did not match what had been written and made no sense. Here are the final paragraphs. If you subscribe to the online version, that was printed correctly.

We need to push back on the efforts to dismantle the FDA, the CDC, the Department of Education, the Social Security Administration, Medicare and Medicaid, the National Parks, FEMA, and the National Weather Service to name just a few. These agencies protect us by providing the best scientific evidence needed to guide decisions about our health, safety and well-being. They respond to catastrophic events, to provide relief to those affected by disasters. They protect the vulnerable from those that seek to avoid oversight in unvetted, dangerous and unregulated procedures and jobs. In other words, they are essential to a way of life we have become accustomed to living.

Please call or write letters to your legislators and let them know you are concerned about the gutting of these important agencies. Join a local protest for what you are most concerned about. If you see a local agency struggling to maintain services, consider becoming a volunteer. Last of all, take care of yourselves and pay attention to your personal well-being.

Hoping to see many of you at our upcoming events. The announcement for our fall meeting is included in this issue as well. Please join us for an informative day.

Barbara McCarthy

SOCIAL JUSTICE COMMITTEE

REGIONAL FOOD BANK BACKPACK/SCHOOL PANTRY

Retired Council 10 members are engaged, loyal, caring, and contribute generously to their local school districts! The Regional Food Bank's Backpack/School Pantry Program received over 200 donations from RC 10 members totaling \$32,615 that was distributed to 33 schools. In order to track RC 10's member contributions to our local school programs, please consider **donating online:** give.regionalfoodbank.net/rc10 **or by check. Checks Payable to:** Regional Food Bank. In the memo section: RC10 Backpack/specify school district **Send to:** Mary Ellen Caporta, 6 West Bayberry Rd, Glenmont, NY 12077.

RONALD MCDONALD HOUSE

Thanks to the RC 10 members who volunteered this year at the Ronald McDonald House. Fifty-six members have indicated an interest in serving and are receiving emails whenever opportunities arise. Of those, 29 have actively volunteered since our initial Day of Service in March of 2024, many of them multiple times. Members have baked, cooked dinners, participated in Days of Service, and the Radiothon and Read for RMHC. Additionally, RC 10 members assisted with donations, worked at the 5K Run and Family Fun Day, knitted or crocheted premie hats and donated needed household items and/or snacks for use at the RMH. If you would like to be added to our email list to be notified when volunteer opportunities arise, contact pmjohannessen4@gmail.com.

REGIONAL FOOD BANK

The dedicated and hard-working RC 10 volunteers have completed another successful year sorting food and other donated items at the Regional Food Bank located in Latham. The Food Bank collects donated food and other items and distributes them to nearly 1,000 charitable agencies throughout 23 counties of northeastern New York. The donated food helps feed over 350,000 people each month. Once a month from October through May RC 10's Social Justice Committee sends a team to the Food Bank to volunteer in the salvage department for two hours. If interested in helping next year, please email me at mdoodian@outlook.com.



RC 10 CONTRIBUTING FORM

July 1, 2025-June 30, 2026

SEND PAPER FORM TO:

Davia Dymond, Membership Director
32 Appletree Lane, Clifton Park, NY 12065
Questions: rc10membership@aol.com

To complete and pay on-line, use this link
<https://forms.gle/7xT9XD4r9FUCdP7Z9>
or QR code:



<input type="checkbox"/> Perm Sus	Ck No <input type="text"/>
<input type="checkbox"/> Sus	Date <input type="text"/>
<input type="checkbox"/> Soc	Amt <input type="text"/>
<input type="checkbox"/> Scholarship	Yrs <input type="text"/>
NEWSLETTER This section is for Office Use	

PLEASE PRINT ALL INFORMATION AND FILL IN ALL BLANKS

First Name: _____ Middle Name: _____ Last Name: _____

If this is a name change, indicate previous name _____

Street: _____ City: _____ State: _____ Zip: _____

Phone: (H) _____ (Cell) _____ Email: _____

I retired in (year) _____ from _____ District in county (circle):
Albany, Rensselaer, Saratoga, Washington

My job was: ☐ Teacher ☐ Counselor ☐ Medical ☐ School Related Professional

If you are interested in volunteering with RC 10, contact rc10communications@gmail.com.

*****Do Not Separate*****

Contributions: Make contributing checks payable to: NYSUT Retiree Council 10 and complete the following

Please place an X before the correct statement:

I RETIRED AFTER: ☐ after 2005: \$20 ☐ after 2005: pension less than \$25,000, \$10

I RETIRED BEFORE ☐ 2005 or before: no payment ☐ 2005 or before: \$_____ to support RC 10

*****Do Not Separate*****

SCHOLARSHIP: ☐ I am enclosing \$_____ as a donation to the Scholarship Fund.
Please indicate Scholarship in the memo line of your check.

*****Do Not Separate*****

ONLY Contributing Members (Teachers or SRPs) of a different Retiree Council (not RC 10) who are in New York State or Florida:

☐ I would like to become a SOCIAL MEMBER and am including a check for \$20 payable to NYSUT RC 10

I retired in (year) _____ from _____ District in _____ County



-----CUT HERE AND KEEP THE SECTION BELOW FOR YOUR RECORDS-----



KEEP THIS SECTION AS YOUR 2025-2026 RC 10 CONTRIBUTING RECEIPT.
NO CONTRIBUTING CARD OR RECEIPT WILL BE ISSUED.

Date Paid: _____ Check Number: _____ Amount: _____

For another form and/or more RC 10 information: www.rc10.ny.aft.org

LABOR DAY PICNIC

Mark your calendar for the Labor Day Picnic. Details will be sent to members from Action Network and will be on the website and Facebook.

JUMPSTART YOUR FALL RETIREMENT CALENDAR WITH AN OCTOBER RETIREE MEET AND GREET

Join NYSUT RC 10 on October 15 from 3-6 for a gathering of retirees - seasoned and new - at the Mill on Round Lake, 2121 Route 9, Round Lake. This is a great opportunity to meet new friends and learn about RC 10 and the programs and activities we offer. The Mill will offer drink and appetizer specials for retirees, and RC 10 will hold a 50/50 Raffle to benefit Ronald McDonald House. Bring a friend!

Please email Don Finelli at ddl2103@AOL.com and include your name and phone number to register for the event. RSVP by October 10.

How do you stay informed?

- Newsletter: available under News on RC 10 website: <https://rc10.ny.aft.org/> , on NYSUT website under Retirees - look for newsletters, complete registration to have it mailed to you at <https://www.nysut.org/rcnewsopstin>
 - Join our private NYSUT Retiree Council 10 Facebook page
 - Complete the enclosed RC 10 Contributing Form (membership) and send in or use our online method to make sure we have your up to date contact information (Used by RC 10 and NYSUT only).
 - Make sure to have RC 10 in your contacts- check your spam folder to make sure your emails are not landing there.
- Look for:



Action Network via ActionNetwork.org Laraine Gillette RC... 8:45 AM

To:

Reply To: rc10communications@gmail.com >

Retiree Council 10 Qi Gong Classes

Did you know that on our website, we have a dedicated Memorial Page? The link is <https://pemsite.blogspot.com/> Contact jedwinw@gmail.com to have someone listed. Thank you, Jon, for your work on this!